



# NEWSLETTER

## Editor's Note

Hello Lakeside Family!

As we are approaching the end of the school year, I'm sure things are busy for many of you. We're thrilled with the turnout at practices this season—thank you all for making the effort to show up and put in the work.

School is approaching the last couple months (can't believe it) and it is the perfect time to build on the positive habits that have been formed this school year. In addition to academic and life habits, I encourage everyone to spend just a few minutes each day working catching and passing with both hands. Not only will this help improve overall skill levels, but it also provides a healthy break from schoolwork and other demands. Often, this short time of focus can lead to better concentration in other areas too.

We're also wanted to thank everyone—players, parents, family, and friends. You all represent Lakeside. It's important that our club continues to be seen as respectful and sportsmanlike, honoring the game and everyone involved in it. Your support and behavior on and off the field are a big part of what makes our reputation in the lacrosse community so strong—thank you!

We're proud of your hard work and enjoy watching you compete.

Thank you,

Toby Carpenter

## Coaches Corner

Success isn't just about winning — it's about effort, growth, and being a great teammate. Every practice and tournament is a chance to improve, to support each other, and to build good habits. Show up with a great attitude, give your best, and respect the game, your teammates, your opponents, and yourself. If you do that, you're already winning.

We ask all our players to focus on what they can control: effort and attitude. When a player gives 100% effort with a positive mindset, they put themselves in the best position for success — both on and off the field.

From a coach's perspective, plays that don't go as planned are valuable learning moments. We want our players to push their limits. Mistakes are part of the game — they give us insight into how a player recovers, adapts, and grows.

What concerns us more is when players hold back out of fear of making a mistake. That's not how growth happens. We only get better when we take risks, try new things, and challenge ourselves.

Lacrosse is a fast-paced game — full of second chances. Every play is an opportunity. Let's take advantage of all of them.

## Where are they now?

Lakeside is proud to share that there are over 50 former Lakeside Players playing in college currently at the D1, D2, D3 and Club level. We are so excited for all these players to continue playing lacrosse and look forward to the summer when they are back and can help our current players out.

### Here are just a few colleges represented by Lakeside players:

#### Class of 2022

University of Georgia, University of Utah, Westminster College

#### Class of 2023

Ole Miss, Chico State University, University of Montana, University of Texas

#### Class of 2024

University of Alabama, Chapman College, Xavier University, Winthrop University, University of Alabama at Huntsville, San Diego State University(2), Boise State University, Baylor University, UC Berkeley

#### Class of 2025

Radford University, University of Davis(3), University of Louisville, Dominican College, University of Oregon(2), University of Berkeley(3), George Mason University, Boise State University, Pacific Lutheran University, Montana State University, Austin Peay University, Cal Poly San Luis Obispo San Diego State University

This list will increase as our classes coming up have a few girls already committed to amazing programs and more to come.

## Player Spotlight

### Wynslow Wyatt

We are excited to recognize Wynslow Wyatt as our player in the spotlight. Wynslow is an incredible lacrosse player and young lady. I have had the pleasure of coaching Wynslow this fall/winter session and got to see firsthand her positive attitude and desire to improve and make all around her better. She leads through example. She is patient when playing with younger players and looks for ways to help them become better. The tournament we just played in Petaluma our team did not have a full-time goalie and Wynslow stepped up to the challenge. We were in a tough bracket, but she gave her best effort and helped the team to an impressive 2-2 outcome. She is the best part of Lakeside and with player like Wynslow the program is a success.

**Thank you Wynslow!**



## Fall/Winter Tournaments

What a great Fall/Winter we have already had and we have a lot more ahead of us. We competed in a local 6's tournament, Santa Barbara, Petaluma and Sandstorm. The teams performed at a high level and played against some top competition. It was a true pleasure to watch all the players in this program at these tournaments. The effort and attitude displayed by everyone was impressive. It is my hope that all the players will continue this into their spring seasons whether it be in local youth programs or local high school programs. Playing against your peers is a great opportunity to challenge each other to bring out the best. When the game is over, remember that you are all family. Competition is a wonderful tool to help each other grow as players embrace these coming opportunities. Summer is around the corner so be on the lookout for information.

## Summer Plans?

**As we prepare for next summer, we are excited to announce our tournament schedule:**

- June 13-14 in Truckee, CA
- June 27-28 in Irvine, CA
- July 11-12
  - Colorado Springs, CO (HS only)
  - Petaluma, CA (youth only)
- July 18-20 in Norco, CA

We plan to field 5 teams again this summer and are looking forward to having many of you back as well as adding some new top talent from across Northern California.